



unlock unleash control

by centre stage dance studio

2021/2022 Class Schedule

MONDAY		FRIDAY	
4:30-6:00pm	Sr UUC CREW	4:00-5:30pm	Elementary BALLETT/POINTE
6:00-7:00pm	Sr ACRO	5:30-7:00pm	Jr/Inter UUC CREW
7:00-8:00pm	Sr JAZZ	7:00-7:45pm	Jr/Inter ACRO
8:00-9:00pm	Sr TAP	7:45-8:30pm	Jr/Inter HIP-HOP
Contact us for more info about our performance CREW TEAM!		We offer FREE TRIAL CLASSES for new students and existing students wanting to explore new styles!	
TUESDAY		SATURDAY	
10:00-10:45am	Mommy & Me (10-18 months)	9:00-10:00am	Tiny Tot RHYTMS (ballet/tap)
5:00-6:00pm	Tiny Tot RHYTMS (ballet/tap)	10:00-11:00am	Level 1 BALLETT
6:00-6:45pm	Jr JAZZ 2	11:00-12:00pm	Level 4 BALLETT
6:45-7:30pm	Jr TAP 2	12:00-1:00pm	Level 1 GFT/PMT
7:30-9:00pm	Level 5 BALLETT	1:00-2:00pm	Level 3 BALLETT
<i>Unlock your body. Unleash your mind. Take Control.</i>		2:00-2:45pm	Jr TAP 1
WEDNESDAY		2:45-3:30pm	Jr JAZZ 1
4:00-5:30pm	Elementary BALLETT	3:30-5:00pm	Triple Threat Training (vocal & drama)
5:30-7:00pm	Mini COMBO (ballet/jazz/tap)	<i>UUC/CSDS reserves the right to combine/cancel any class due to enrollment.</i> For all questions and inquiries please email us at: unlockunleashcontrol@gmail.com	
7:00-9:00pm	Level 3 GFT/PMT		
Please note: GFT = Groundforce Technique (innovative floor barre technique)			
THURSDAY		SUNDAY	
4:30-6:00pm	Level 7 BALLETT	1:00-1:45pm	Mini/Jr HIP-HOP
6:00-7:30pm	Level 2 GFT/PMT	1:45-2:30pm	Mini/Jr ACRO
7:30-8:30pm	Sr CONTEMPORARY	2:30-4:00pm	Mini COMBO (ballet/jazz/tap)
8:30-9:30pm	Inter/Sr HIP-HOP	Revised Schedule July 12, 2021	